



SOUTHERN OREGON
GYMNASTICS ACADEMY

SOGA wants to work with *your* PTO!!

Southern Oregon Gymnastics Academy LLC
believes that *EVERY child is a star!*

Childhood obesity is a concern in our country and physical education is being lost in the schools due to budget cuts. Research shows that an active lifestyle reduces the risk of obesity and ***“that children who are physically active and fit tend to perform better in the classroom.”****

“Physical activity affects brain chemicals & influences planning, decision-making, coping with stress, correcting mistakes, and optimalization of memory performance.”**

PTO Night: Get kids active & earn \$\$ for your PTO!

When: Call for dates and times

Where: 3001 Samike Drive, #112
Medford, OR 97501

Cost: \$5 per student for 2 hours of fun!!

Jog-a-thon: Ask us about sponsoring your event!

Contact SOGA for more information.

(541) 245-9379

www.soga-gym.com